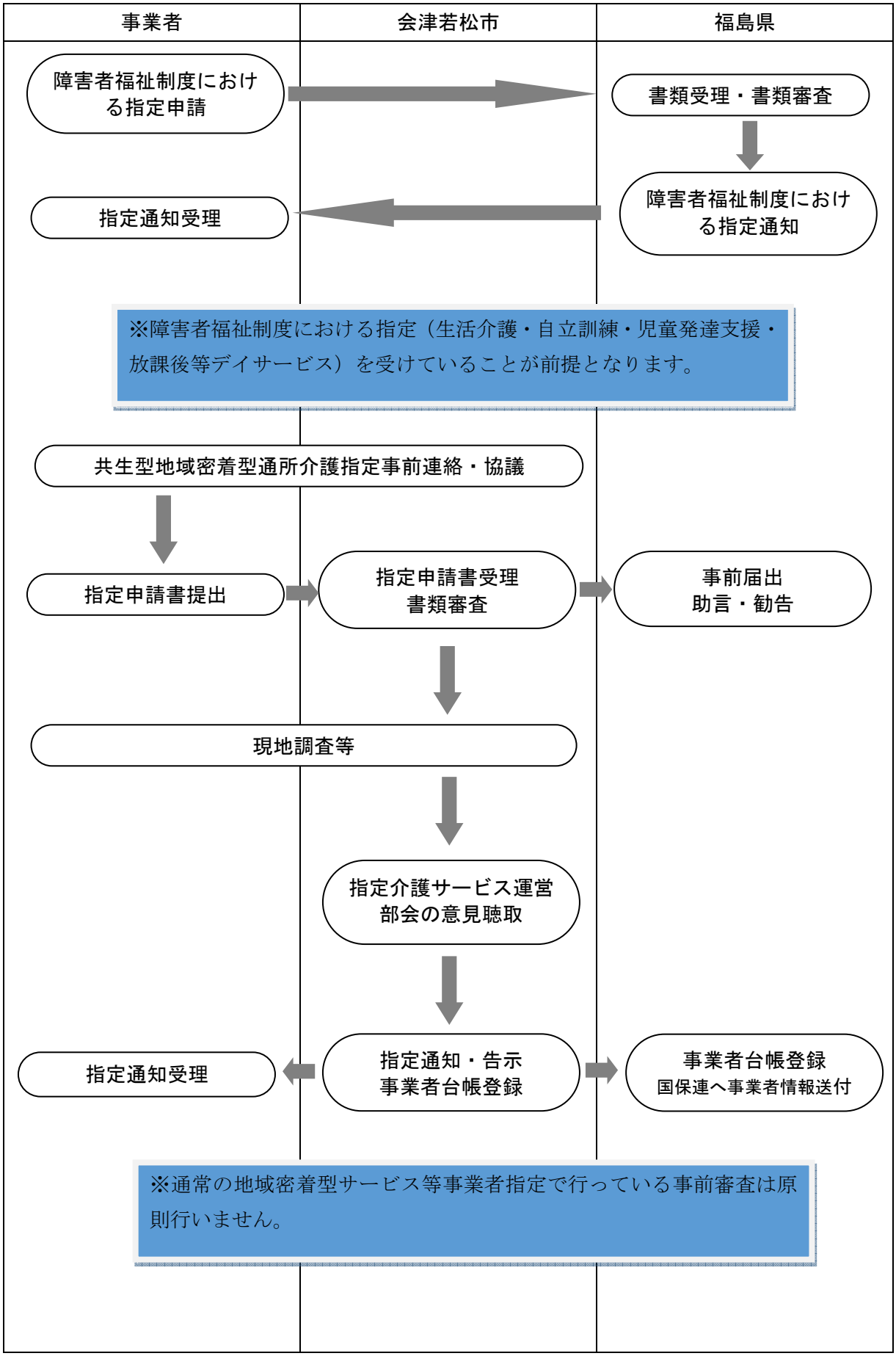共生型地域密着型通所介護事業者指定事務の流れ　2019.1 月～