Aizu Wakamatsu City Information

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Opinions, Suggestions, Change of Address, Subscriptions

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This newsletter is published by the Public Relations Section of City Hall, and is comprised of translated excerpts from the monthly Japanese newsletter, "Shisei Dayori".

Language Assistance

The Aizu Wakamatsu International Association Open:9am-5:45pm Phone:0242-27-3703 Fax:0242-27-3704 E-mail: mail@awia.jp Holidays: Every Sundays, Mondays, and national holidays.

To Protect Our 'City' and 'Future', Let's Reduce our Garbage

私たちの「まち」と「未来」を守るため、燃やせるごみの減量にご協力ください

Aizuwakamatsu is 4th worst in the country for household garbage

In a study done in 2022, Aizuwakamatsu was ranked 4th worst for amount of household garbage produced per day per citizen when ranked against 232 similar sized municipalities. It was ranked worst in the prefecture.

Let's Reduce Our Garbage to about 82.1 tonnes/day!

Following a 4 year trend in decline since about 2020, our city produced about 98.2 tonnes a day in 2023. To match the capacity of a new garbage processing plant to open in March 2026, we must reduce our daily average of garbage production by 16.1 tonnes, to be about 82.1 tonnes. Let's each aim to reduce our burnable garbage output by about 150g/day (equivalent to about 1 banana.)

We Can Reduce Our Garbage!

Our city's burnable garbage contains around 70% of kitchen waste, old papers, and plastic packaging etc.. If we reduce food waste, and separate our recycling, we can achieve our goal!

Reduce Garbage, For the Next Generation

Our city's garbage situation is reaching critical levels. We need to reduce our garbage production by any means, which may mean by adding disposal fees. We are asking for your cooperation!

5 Things We Can Do

- 1 Reduce Kitchen Waste At Home
 - •Buy what you'll eat!
 - •Dispose of your kitchen waste at home!
- 2 Reuse At Home!
 - •Give your unwanted, but still usable items to your friends or family, or sell them to pawn shops or thrift stores.
- 3 Recycle At Home! (old papers, plastic packaging, old clothes)
 - Properly separate your recyclables (plastic packaging, small papers etc.)
 - Dispose of old clothes in Clothing Bins at places like City Hall, local community centres etc.
- 4 Recycle At Work! (old papers)
- (5) Prevent Food-loss At Work!



Let's Practice Water Safety

水の事故を防止しましょう

W	hen p	layıng i	ın the	water	this	summer,	stay	sate	with	these	tips:
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▶ Be Careful!: ○ Do not enter dangerous areas. ○ Don't swim if you're not feeling well, or have been drinking alcohol. ○ Get away from risky areas during bad weather. ○ Wear a life jacket when playing near water. ○ Supervise children when playing in or around water. ○ Contact 119 immediately in the event of an accident.

● Contact: AizuWakamatsu Fire Department (☎ 25-1200)

The Future of Nursing!

ミライノカイゴ

Want to experience a taste of the future of nursing?

➤ Date: July 26 (Fri) • 27th (Sat) 10:00-16:00 ➤ Place: City Learning Centre (Aizu Keikodo)

▶ Details: See a Nursing Robot demonstration, Nursing Technique Show, talk with career advisors, and see a Nursing Skills Contest between different facilities! (*Event starts July 27th (Sat) from 14:00)

● Contact: Elderly Welfare Division (☎ 39-1247)

Local Produce Cooking Class

地産地消料理教室

Challenge yourself by learning to cook with Aizu grown rice flour and vegetables!

▶ Date: August 10 (Sat) 10:00-13:00

▶ Place: City Learning Centre (Aizu Keikodo)

► Menu: Aizu Summer Vegetable Pizza with Rice Flour and Aizu Vichyssoise (leek and potato soup)

► **Host:** Dietary Improvement Association

► Limit: 16 people ► Cost: ¥600

► To Bring: Apron, head bandana/cover

► Sign-up Period: July 1st (Mon) to 16th (Tue) *participants decided by lottery if many sign-up

● Sign-up/Contact: Agriculture Division (☎ 23-9973)

City Residents Swimming Competition

市民水泳大会

► Categories/Times:

- Diving: August 3rd (Sat) 10:00~
- Race: August 18 (Sun) *Elementary Aged from 9:00~, Junior High/General from 13:00~
- ▶ Place: Aizu Swimming Pool (City Pool)
- ▶ Open to: People living, studying, working in Aizuwakamatsu, from elementary age and up.
- ► How to Apply: Fill in the application, and send it in, alongside the ¥500 participation fee to the Sports Promotion Division by July 24th (Wed). *Elementary and Junior High aged children apply through their schools by July 16th (Tue).
- ♦ Contact: Sports Promotion Division (☎ 39-1306)

Wakasato-ko Lake Refreshing Festival 2024

若郷湖さわやかフェスティバル2024

Enjoy a variety of things including: stage performances like Yosakoi and Taiko Drum, an Okawa Dam tour, a dam lake patrol, or even catching fish with your bare hands!

- ▶ **Date:** August 3rd (Sat) 9:30-14:00
- ▶ Place: Okawa Dam, Wakasato-ko Lake East Park
- Contact: Urban Development and Improvement Division (☎ 39-1275)



Manabeko History and Culture Lecture

まなべこ歴史講座~デジタルで昔のまちを歩こう~

\sim Walk Through the Historical Town, Digitally! \sim

Using the Digital Archives, interact with important historical documents!

➤ Date: July 28th (Sun) 13:30~ ➤ Host: City Learning Centre Staff

► Limit: 15 people

► Aimed at: Elementary grade 5 and up ► Sign-up Start: July 4th (Thu)~

● Place/Contact: Historical Records Center "Manabeko" (☎ 27-2705)

Aizu Urban Art Project 2024 Collab Project: Lacquerware Dying Eco Workshop

あいづまちなかアートプロジェクト連携企画「うるし染めエコ・ワークショップ」

Experience a dying workshop that's good for the environment, using the heartwood of lacquer trees,

Date: July 23rd (Tues) 10:00-12:00

▼ Host: SUDO Seiichi, teacher at Aizu Norin Agricultural High School

▼Aimed at: people aged 18 and over

▼Limit: 10 people

▼Participation Fee: ¥500 (supplies)

▼ To Bring: Apron

▼ Deadline: July 16 (Tue)

▼ How to Sign-up: Apply by contacting the Kita-Aizu Community Centre directly or by fax. *If you send a fax, please include your

name, postal code, address, and phone number.

◇Place/Contact: Kita-Aizu Community Centre (☎58-3111)

Let's put out our garbage and recycling properly

正しく出そう ごみと資源物

Please put separated garbage and recycling at the designated location by 8:30a.m. on the correct day according your local collection schedule.

Holiday Garbage Collection

July 15th (Mon) Except large-size garbage, pick up is as normal.
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● Contact... Waste Management Division(☎ 27-3961)



Radiation Doses as of June 17th

housyasenryou jouhou 6 gatu 17 niti 放射線量情報 (6/17)

Measurement Location	Measured Value	Measurement Location
Aizu Wakamatsu CityHall	0.04	Kita Public Hall
Aizu Wakamatsu Station	0.08	Kozashi-machi Takaku
Higashiyama Elementary School	0.07	Kozashi-machi Kitashigo
Iimoriyama Mountain Tourist Information Center	0.09	Kawahigashi- machi Takatsuka
Ikki-machi Tsuruga	0.08	Kawahigashi- machi Kumanodo
Matsunaga Danchi	0.08	Kawahigashi- machi Hirota
Yanagiwara- machi	0.08	Kitaaizu-machi Shimoarai
Monden-machi Niidera	0.08	Kawanami Elementary School
Minami Public Hall	0.08	Oto Public Hall
Aizu General Athletic Park	0.08	Minato Citizen's Center

Measurement Location	Measured Value
Kita Public Hall	0.09
Kozashi-machi Takaku	0.09
Kozashi-machi Kitashigo	0.05
Kawahigashi- machi Takatsuka	0.09
Kawahigashi- machi Kumanodo	0.08
Kawahigashi- machi Hirota	0.05
Kitaaizu-machi Shimoarai	0.11
Kawanami Elementary School	0.08
Oto Public Hall	0.05
Minato Citizen's Center	0.04

*Measured in microsieverts / hour

After-Hours Pharmacies

Kyuujitsu touban Yakkyoku 休日当番薬局

July.7th (Sun)	•Hiro pharmacy (Monden-machi Hiyoshi 🏗 36-5582)			
July.14th (Sun)	●Daian Pharmacy (Byakko-machi ☎ 39-0311)			
July.15th (Mon)	●Sekura pharmacy (Chuo 2 chome ☎ 39-3123)			
July.21st (Sun)	 Be-su Pharmacy Yamami-machi (Yamami-machi ☎ 93-6330) Dispensing pharmacy Zene Fa-mu Tateumaten (Tateuma-machi ☎ 85-8568) 			
July.28th (Sun)	 Keyaki Yakkyoku (Oo-machi 1chome ☎ 29-5252) Kosumo Dispensing Pharmacy Nishisakaemachi ten (Nishisakae-machi ☎ 36-6039) Iseki pharmacy (Omachi 2chome ☎ 22-0363) 			
August.4th (Sun)	 Mamiya pharmacy (Mamiyashin-machi kita 1chome ☎ 59-1022) Sengoku Chouzai Yakkyoku (Sengoku-machi ☎ 23-8336) 			

Emergency medical care at night

Yakan Kyuubyou center 夜間急病センター

The Night Emergency Clinic adopted a reservation-only policy. If you need a medical examination, please call ahead to make a reservation in advance. *open every day of the year

- ▶ Treatment field...internal medicine, pediatrics
- ▶ Reservations/Place...Night Emergency Clinic (Yakan Kyubyo Center) (☎ 28-1199) (Yamagamachi 1-22)
- ► Consultation...7:00pm-11:00pm
- ▶ **Reception...** 6:30pm 10:30pm

▼Attention:

Aizu Wakamatsu Area Code=0242 *Please dial the area code first.

After-Hours Medical Facilities

Kyuujitsu touban Iin 休日当番医院

	Internal medicine	Ito Internalmedicine,Gastroenterology clinic いとう内科消化器科クリニック	38-3733	Monden-machi Hiyoshi
July.7th (Sun)	Surgery Ami Woman's clinic あみウイメンズクリニック		37-1456	Yasumi-machi
	Dentistry	Morikawa Dental clinic 森川歯科クリニック		Omashi 1 chome
	Internal medicine Inaniwa clinic いなにわ医院		76-1728	Kawahigashi-machi Yazawa
July.14th (Sun)	Surgery	Ebitani Orthopedics 蛯谷整形外科医院	24-6511	Byakko 1chome
	Dentistry	Yatabe Dental clinic やたべ歯科医院	27-5791	Ohata-machi
	Internal medicine	Arakawa Gastroenterology, Internalmedicine clinic 荒川胃腸科内科クリニック	32-2201	Chuo 2 chome
July.15th (Mon)	Surgery Anazawa Ear,nose,and throat clinic 穴沢耳鼻咽喉科医院		29-0033	Tenjin-machi
	Dentistry	Yanada Dental clinic やなだ歯科医院	27-6934	Yugawa-machi
	Internal medicine · Pediatrics	Yamami child Clinic やまみこどもクリニック	23-4115	Yamami 2 chome
July.21st (Sun)	Surgery	Tateuma Clinic たてうまクリニック	29-2112	Tateuma-machi
	Dentistry	Yamaguchi Dental clinic 山口歯科医院	28-6482	Naka-machi
	Internal medicine · Pediatrics	Yoshida Internalmedicine clinic 吉田内科	27-0537	Naka-machi
July.28th (Sun)	Surgery	Ear, nose, andthroat Suzuki Clinic 耳鼻咽喉科鈴木医院	28-3387	Nishisakae-machi
	Dentistry	Meguro Dental clinic 目黒歯科医院	23-1182	Ekimae-machi
	Internal medicine · Pediatrics	Nihei clinic 二瓶クリニック	58-3885	Mamiyashinmachi kita 1chome
August.4th (Sun)	Surgery	Kabeya Ear, nose, andthroat Clinic かべや耳鼻咽喉科	24-4133	Sengoku-machi
	Dentistry	Ikki Dental clinic 一箕歯科医院	22-1184	Ikki-machi tsuruga

 $igspace{} \textbf{Consultation Hours...} \bigcirc \textit{Internal Medicine} \cdot \textit{External Medicine} \cdot \textit{Pediatrician} \ ; \ 9:00 \text{am} \sim 5:00 \text{pm} \\$

 $[\]bigcirc$ *Dentist*; 10:00am \sim 4:00pm

[▶] Caution...You can check the doctor-on-duty for holidays on the City Homepage.

You can freely browse information from the city government at any time!

いつでも気軽に市政だよりを見ることができます!

Feel free to try out "Catalog Pocket," an electronic web browsing service from any smartphone or computer. This service offers multiple languages and is free to use. * The user is responsible for personal communication fees

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If you are receiving this newsletter and plan to change your address or leave Japan, please make sure to tell us of your new address or your departure date so that we may forward or cancel this newsletter.

Please contact us by phone, fax, or e-mail as soon as possible. Public information and Public Hearing Section(Kouhou Kouchou group), Aizu Wakamatsu City Hall 3-46 Higashi Sakae-machi, Aizu Wakamatsu City, Fukushima 965-8601

• TEL: 0242-39-1206 FAX: 0242-39-1402

• Email: hisho@tw.city.aizuwakamatsu.fukushima.jp

★Visit our home page! http://www.city.aizuwakamatsu.fukushima.jp/in English and 中文(体中文 繁体中文) 한글 ไทย

City Public Homepage





